



# Mud Paint

## Ingredients

Mud

Powdered paint, liquid paint or food colouring

Water

Card

Washing up liquid

## Equipment

Paintbrushes

Bowl

## Method

1. Collect a bowlful of mud from the garden. If it is quite dry add water to the mud.
2. Check the mud for living creatures such as worms and return them to the garden before adding anything else.
3. Divide the mud into how many containers you like – decide what colour each batch of mud is going to be.
4. Sprinkle in your powdered paint or choice of colouring.
5. Add a small amount of washing up liquid.
6. Mix together the mud, colouring and washing up liquid.
7. The paint is then ready for the children to use where ever they choose outside. It may just be on the card provided or on the trees, pavement, fence etc.

