

# **Sun Protection Policy**

## **Playhouse Pre-school**

#### Broadwater

## Statement of Intent

At Playhouse Pre-school we want staff and children to enjoy the sun safely. We will use the sunny weather as an opportunity to educate the children about how to keep themselves safe in the sun.

## **EYFS Key Themes and Commitments**

A Unique Child	Positive Relationships	Enabling Environments	Learning and Developing
1.3 Keeping safe	2.2 Parents as partners	3.2 Supporting every child	
1.4 Health and well-being	2.4 Keyperson		

## Education

All children will be given a talk about how we need to look after our skin and protect it from the sun's harmful rays. The message will be re-enforced particularly in the summer term.

## Shade

The garden area is quite open and the amount of shade is limited. During hot, sunny weather we will emphasise the importance of covering exposed skin with large hats and long sleeves and stress the benefits of wearing sun cream and drinking water. Gazebos will be provided when additional shade is needed between 11 and 3pm.

## Clothing

All children will be required to wear a hat when playing outside in the sun. Broad rimmed, bucket style or legionnaire hats are advised. We have spare sun hats to lend to children who have forgotten theirs. We will also encourage children to cover very exposed areas of the skin, such as shoulders. Staff will set a good example by wearing hats and the clothing they wear in the sun. Hats must be worn if UV levels are 3 or above. We will follow the 'no hat, play indoors' rule.

## Sunscreen

 Following advice from WHO, children must wear sun lotion when the UV levels are 3 or above

- We ask parents to apply high factor (minimum SPF 30), waterproof sun cream to their child before they arrive at pre-school during the summer months.
- Children staying all day must bring a named bottle of high factor (minimum SPF 30), waterproof sun cream to pre-school each day. These are to be placed in the box provided and the expiry date will be checked.
- Children who attend a full day will have their sun lotion re-applied after lunch (20 minutes before going outside)
- Children who stay all day who do not have a bottle of sun cream for reapplication at lunchtime will not be allowed outside during the afternoon session.
- Staff will use their own judgment to determine if the weather is too hot to go outside. Children will not spend longer than 20 minutes outdoors and we will avoid going outside between 11 and 3pm.

**Sunglasses:** A named pair of UV protection sunglasses is recommended and children will be encouraged to wear them for outdoor play in sunny conditions.

This policy was agreed by the staff of Playhouse Pre-school Broadwater.

Adopted on 24<sup>th</sup> April 2015 and will be reviewed annually.

Reviewed on 9<sup>th</sup> May 2024 by Z. Munford